

# The investigation holistic stress in infertile women and relation to demographic characteristics in women who referred to Yazd Infertility Center (Article)

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## Abstract

Investigation holistic Stress in infertile women and relation to demographic Characteristics in women who referred to Yazd infertility center by cross sectional descriptive study. This study was carried on 400 infertile women who referred to Yazd Infertility Center between 2013-2014. These participants were selected by purposive sampling method. Data were collected using demographic characteristics' questionnaire, Coudron Stress Test and Perceived Stress Test. Relation between demographic variables and stress obtained from Inferential statistics. Mean score of perceived stress and all level of life, personality and health stress is higher than other causes, when the causes is related to common causes, but there are not any significant difference between them. There are significant difference in stress mean score from duration of infertility. ( $p < 0.05$ ). Positive perceived stress in common causes of infertility and negative perceived stress in unknown causes were higher than other one. There was not any significant difference between educational level, age and stress ( $p > 0.05$ ). Results highlights infertility has a significant impact on the infertile women's mental health. It is important psychological approach consider as an important part of treatment inside other medical treatments.

## Author keywords

Anxiety; Depression; Infertility; Perceived stress; Stress