

# **Confessional Elements in the Poetry of Forough Farrokhzad1: An Overview**

Faranak Shahmoradi a , Mohammad Hadi Sameni

**Abstract :** Confessionalism is an interesting genre and aspect of women's writing in many countries across the world. Through such works, the writers bring out confidentialities that remove the boundary between their private and public spheres whereby to break the narrow space encompassed them by articulating, interrogating and resisting inequalities and stereotypes. Confessional poetry provides a frame for such an expression. This paper provides a brief background of this school of literature and attempts to identify and explicate confessional elements through the poetry of Forough Farrokhzad, the forerunner of this school in Iran.

**Keywords:** Confessional Poetry, Women's Writing, Forough Farrokhzad